

Thank you for choosing **Louisville Endoscopy Center!** Our gastroenterologists and staff are dedicated to providing quality, affordable care to the community in our quest to lower colon cancer rates and treat an array of digestive diseases. Appointment times are tentative based on the Physician's schedule. Cancellations must be made 48 hours **in advance**, or a cancellation fee of \$150 may be applied. For more information visit our website at www.louisvilleendoscopycenter.com.

BILLING & INSURANCE:

At the time of your visit, please provide your insurance card. It is your responsibility to confirm your medical benefits and coverage with your insurance company prior to your procedure. Deductibles, co-insurance, and non-covered services are your financial responsibility and will be collected on the date of your scheduled procedure. The Louisville Endoscopy Center does not perform billing services. Our billing services are provided by Gastroenterology Health Partners (Physician & Pathology services) and Amsurg (Anesthesia & Facility services).

HOW TO PREPARE FOR A FLEXIBLE SIGMOIDOSCOPY

14 DAYS BEFORE THE PROCEDURE:

1. Notify us if you take any **prescription/Over-the-Counter diet pills or GLP-1 drugs**. Examples include, but are not limited to **Adipex-P, Ionamin, Phentermine, Pro-Fast, Albiglutide, Beinaglutide, Bydureon BCise, Byetta, Dulaglutide, Exenatide, Fulaimei, Liraglutide, Lixisenatide, Lixumia, Mounjaro, Ozempic, PEG-Loxenatide, Rybelsus, Saxenda, Semaglutide, Tanzeum, Tirzepatide, Trulicity, Victoza, or Wegovy.**

7 DAYS BEFORE THE PROCEDURE:

1. Notify us as **soon as possible** if you take any **anticoagulants, blood thinners, or iron supplements. DO NOT STOP TAKING YOUR MEDICATION WITHOUT TALKING TO YOUR DOCTOR.** Examples include, but are not limited to Aggrenox, Apixaban, Arixtra, Brilinta, Cilostazol, Clopidogrel, Coumadin, Dabigatran etexilate, Effient, Eliquis, Enoxaparin, Entresto, Fondaparinux, Heparin, Lovenox, Plavix, Pletal, Pradaxa, Prasugrel, Rivaroxaban, Sacubitril-Valsartan, Ticagrelor, Warfarin, Xarelto.
2. Notify us if you have any communicable disease, staph infection, MRSA, VRE, TB, shingles, or any signs/symptoms of Covid-19.
3. **Notify us if you have a defibrillator, AICD, or any upcoming cardiac/diagnostic testing that has not been completed or that you have not received results for yet.**
4. Purchase 2 Fleet enemas over -the-counter at your pharmacy/store.

1 DAY BEFORE THE PROCEDURE:

1. You may eat a routine diet until midnight.
2. **After Midnight:** No solid food. Clear Liquid Diet only. Nothing red or purple, no dairy or milk, nothing with pulp. You may have bowel prep, water, broth, apple or white grape juice, Crystal Light, Gatorade, PowerAde, Kool-Aid, lemonade, black coffee, Jell-O (without fruit), popsicles or Italian ice (without fruit), soft drinks, or tea. *Please note caffeinated beverages can lead to worsening dehydration.
3. No “energy” drinks, alcohol, marijuana, or illicit drugs within 24 hours of the procedure.

DAY OF THE PROCEDURE:

1. No solid food.
2. Clear Liquid Diet **until 3 hours before your scheduled ARRIVAL time.** After this- nothing by mouth. No gum, mints, or candy. Procedures will be postponed/canceled if you eat or drink within 3 hours of scheduled ARRIVAL time.
3. Use 2 Fleet enemas 90 minutes prior to your arrival. Insert the first enema. Hold it 3-5 minutes then release. Repeat with the second enema.
4. Take regularly prescribed medication, unless otherwise instructed. Medications may be taken **3 hours before your scheduled ARRIVAL time** with a sip of water.
5. **DO NOT TAKE medication for diabetes. Bring them with you.**
6. Use any *inhalers* the day of your procedure. Bring them with you.
7. **DO NOT TAKE stimulant medications for ADD/ADHD.**
8. **Arrange for someone 18 years of age or older to drive you who will remain on the premises while you are at the Center if you choose to have sedation during your procedure. The lingering effects of sedation make it unsafe for you to drive, operate machinery, make critical decisions, or do activities that require coordination or balance the day of your procedure. You may resume normal activity the next day. Public/commercial/medical transportation may be used if accompanied by a responsible adult who will be staying with you. The trusted individual escorting you will also be asked to sign medical discharge papers.**
9. Bring your insurance card, photo ID, list of current medications, and Living Will/Advanced Directive.
10. Wear a short sleeve shirt: you may leave this on for the procedure. A gown will be provided, and it can be worn over your short-sleeved shirt.
11. Women of childbearing age may be required to take a pregnancy test. Refusal may result in cancellation.

To reach someone at the Center from 7:30a.m.– 4 p.m. call **502-636-2003**. To speak with the on-call physician after 4 p.m. call **502-452-9567**.

Louisville Endoscopy Center:

1400 Poplar Level Road

Louisville, KY. 40217

Phone: 502-636-2003

Fax: 502-636-4032

Scheduling: 502-259-0029



Amsurg Facility Billing:

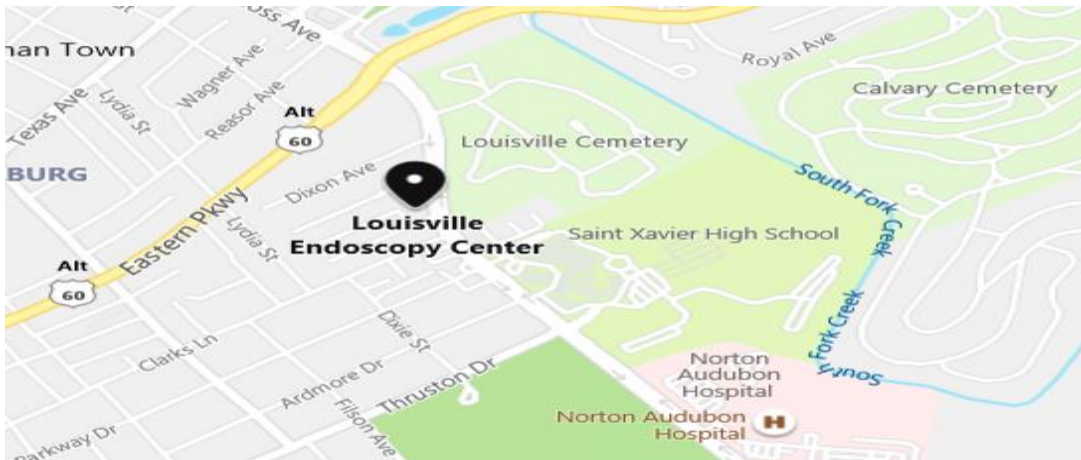
855-213-1078

GHP Physician & Pathology Billing:

812-206-7093

Amsurg Anesthesia Services:

855-451-6887



From I-264 Watterson Expressway

Exit **14, north Poplar Level Rd**-toward Louisville Zoo

Travel 2.1 miles- you will pass by Audubon Hospital

Louisville Endoscopy Center on left- next to Republic Bank

Turn **left, Eigelbach Ave.** to access the parking lot

From I-65:

Exit **133A**, head on the ramp and follow signs **Eastern Parkway**- you will pass by White Castle

Turn **right, Poplar Level Rd**

Turn **right, Eigelbach Ave.** to access the parking lot